

Substances That Could Be in Water

To ensure that tap water is safe to drink, the U.S. EPA prescribes regulations limiting the amount of certain contaminants in water provided by public water systems. U.S. Food and Drug Administration regulations establish limits for contaminants in bottled water, which must provide the same protection for public health. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of these contaminants does not necessarily indicate that the water poses a health risk.

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals, in some cases, radioactive material, and substances resulting from the presence of animals or from human activity. Substances that may be present in source water include:

Microbial Contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, or wildlife;

Inorganic Contaminants, such as salts and metals, which can be naturally occurring or may result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming;

Pesticides and Herbicides, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses;

Organic Chemical Contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production and may also come from gas stations, urban stormwater runoff, and septic systems;

Radioactive Contaminants, which can be naturally occurring or may be the result of oil and gas production and mining activities.

For more information about contaminants and potential health effects, call the U.S. EPA's Safe Drinking Water Hotline at (800) 426-4791.

PR SRT STD
U.S. Postage
PAID
Gemini Group
22901

City Of West Fargo
810 12th Ave. NW
West Fargo, ND 58078

♻️ Recycled and Recyclable
Copyright ©2013 Gemini Group LLC
All rights reserved
ND009563-1

Annual WATER QUALITY REPORT

Reporting Year 2012



Presented By
City Of West Fargo

PWS ID#: ND0900999

There When You Need Us

We are once again proud to present our annual water quality report covering all testing performed between January 1 and December 31, 2012. Over the years, we have dedicated ourselves to producing drinking water that meets all state and federal standards. We continually strive to adopt new methods for delivering the best-quality drinking water to you. As new challenges to drinking water safety emerge, we remain vigilant in meeting the goals of source water protection, water conservation, and community education while continuing to serve the needs of all our water users.

Please share with us your thoughts and concerns about the information in this report. After all, well-informed customers are our best allies. If you are aware of non-English speaking individuals who need help with the language translation of this report, you may contact our Public Works Director, Barry D. Johnson, P.E., at (701) 433-5400. If you own or manage an apartment complex or business in the city, please share this report with your tenants.

Community Participation

The West Fargo City Commission meets on the first, third, and fifth Mondays of each month and is open to the public for their input or questions.

Where Does My Water Come From?

The City uses ground water entirely. The water is obtained from the West Fargo Aquifer through eight production wells which are located throughout the city. The water is pumped directly into the distribution system at each well. Three elevated tanks with a capacity of 500,000 gallons each and one with a capacity of 1,500,000 not only provide storage, they also create the constant water pressure in your home and serve as a pressure relief on the distribution system.

The total pumping capacity is approximately 3,500 gallons a minute or 5,000,000 gallons a day. The average well depth is 225 feet deep.

Source Water Assessment

Our public water system, in cooperation with the North Dakota Department of Health, has completed the delineation and contaminant/land use inventory elements of the North Dakota Source Water Protection Program. Based on the information from these elements, the North Dakota Department of Health has determined that our source water is moderately susceptible to potential contaminants. You may review a copy of the completed assessment at the Public Works Office located at 810 12th Ave. NW, West Fargo, ND.

Important Health Information

While your drinking water meets the U.S. EPA standard for arsenic, it does contain low levels of arsenic. The EPA's standard balances the current understanding of arsenic's possible health effects against the costs of removing arsenic from drinking water. The EPA continues to research the health effects of low levels of arsenic, which is a mineral known to cause cancer in humans at high concentrations and is linked to other health effects such as skin damage and circulatory problems.

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants may be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. The U.S. EPA/CDC (Centers for Disease Control and Prevention) guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline at (800) 426-4791 or <http://water.epa.gov/drink/hotline>.

QUESTIONS?

For more information about this report, or for any questions relating to your drinking water, feel free to contact our Public Works Director, Barry D. Johnson, P.E., at (701) 433-5400 or at e-mail address barry.johnson@westfargond.gov.



You may not be aware of it, but every time you pour fat, oil, or grease (FOG) down your sink (e.g., bacon grease), you are contributing to a costly problem in the sewer collection system. FOG coats the inner walls of the plumbing in your house as well as the walls of underground piping throughout the community. Over time, these greasy materials build up and form blockages in pipes, which can lead to wastewater backing up into parks, yards, streets, and storm drains. These backups allow FOG to contaminate local waters, including drinking water. Exposure to untreated wastewater is a public health hazard. FOG discharged into septic systems and drain fields can also cause malfunctions, resulting in more frequent tank pump-outs and other expenses.

Communities spend billions of dollars every year to unplug or replace grease-blocked pipes, repair pump stations, and clean up costly and illegal wastewater spills. Here are some tips that you and your family can follow to help maintain a well-run system now and in the future:

NEVER:

- Pour fats, oil, or grease down the house or storm drains.
- Dispose of food scraps by flushing them.
- Use the toilet as a waste basket.

ALWAYS:

- Scrape and collect fat, oil, and grease into a waste container such as an empty coffee can, and dispose of it with your garbage.
- Place food scraps in waste containers or garbage bags for disposal with solid wastes.
- Place a wastebasket in each bathroom for solid wastes like disposable diapers, creams and lotions, and personal hygiene products including nonbiodegradable wipes.

Sampling Results

During the past year, we have taken hundreds of water samples in order to determine the presence of any radioactive, biological, inorganic, volatile organic, or synthetic organic contaminants. The table below shows only those contaminants that were detected in the water. The state allows us to monitor for certain substances less often than once per year because the concentrations of these substances do not change frequently. In these cases, the most recent sample data are included, along with the year in which the sample was taken.

REGULATED SUBSTANCES							
SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	MCL [MRDL]	MCLG [MRDLG]	AMOUNT DETECTED	RANGE LOW-HIGH	VIOLATION	TYPICAL SOURCE
Arsenic (ppb)	2010	10	0	5.22	ND-5.22	No	Erosion of natural deposits; Runoff from orchards; Runoff from glass and electronics production wastes
Barium (ppm)	2011	2	2	0.19	0.0441-0.19	No	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits
Chlorine (ppm)	2012	[4]	[4]	3.4	3.1-3.6	No	Water additive used to control microbes
Fluoride (ppm)	2011	4	4	0.67	NA	No	Erosion of natural deposits; Water additive that promotes strong teeth; Discharge from fertilizer and aluminum factories
Haloacetic Acids [HAAs]-Stage 1 (ppb)	2012	60	NA	7	NA	No	By-product of drinking water disinfection
Nitrate (ppm)	2012	10	10	0.03	ND-0.03	No	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits
Selenium (ppb)	2011	50	50	4.6	2.17-4.6	No	Discharge from petroleum and metal refineries; Erosion of natural deposits; Discharge from mines
TTHMs [Total Trihalomethanes]-Stage 1 (ppb)	2012	80	NA	16	NA	No	By-product of drinking water disinfection
Total Coliform Bacteria ¹ (# positive samples)	2012	1 positive monthly sample	0	1	NA	No	Naturally present in the environment

Tap water samples were collected for lead and copper analyses from sample sites throughout the community

SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	AL	MCLG	AMOUNT DETECTED (90TH%TILE)	SITES ABOVE AL/TOTAL SITES	VIOLATION	TYPICAL SOURCE
Copper (ppm)	2010	1.3	1.3	0.532	0/30	No	Corrosion of household plumbing systems; Erosion of natural deposits
Lead (ppb)	2010	15	0	ND	0/30	No	Corrosion of household plumbing systems; Erosion of natural deposits

¹ October had the highest number of Total Coliform Samples. Total Coliform Positives for that Month: 1

Definitions

AL (Action Level): The concentration of a contaminant that, if exceeded, triggers treatment or other requirements that a water system must follow.

MCL (Maximum Contaminant Level): The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

MCLG (Maximum Contaminant Level Goal): The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

MRDL (Maximum Residual Disinfectant Level): The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

MRDLG (Maximum Residual Disinfectant Level Goal): The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

NA: Not applicable

ND (Not detected): Indicates that the substance was not found by laboratory analysis.

ppb (parts per billion): One part substance per billion parts water (or micrograms per liter).

ppm (parts per million): One part substance per million parts water (or milligrams per liter).

Lead in Home Plumbing

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. We are responsible for providing high-quality drinking water, but we cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at www.epa.gov/safewater/lead.

Water Treatment Process

Water treatment is accomplished at each well site by adding chlorine (for a disinfectant), fluoride (for strong teeth and bones), and phosphates (for corrosion and red water control).

Q&A

What is the typical per-day water usage?

While usage varies from community to community and person to person, on average, Americans use 183 gallons of water a day for cooking, washing, flushing, and watering purposes. The average family turns on the tap between 70 and 100 times daily. About 74% of home water usage occurs in the bathroom, about 21% in the laundry room, and about 5% in the kitchen.

Why do water pipes tend to break in winter?

Liquids generally contract when frozen and become more dense; however, the unique qualities of water cause it to expand by up to 9% when it freezes. That is why water pipes burst when temperatures reach the freezing mark.

How much water is used to create the food we eat each year?

The average American consumes 1,500 pounds of food each year; 1,000 gallons of water are required to grow and process each pound of that food. Thus, 1.5 million gallons of water is invested in the food eaten annually by just one person! This 200,000-plus cubic feet of water per person is enough to cover a football field four feet deep.

Is it okay to use hot water from the tap for cooking and drinking?

No, ALWAYS use cold water. Hot water is more likely to contain rust, copper, and lead from household plumbing and water heaters. These harmful substances can dissolve into hot water faster than they do into cold water, especially when the faucet has not been used for an extended period of time.

What type of container is best for storing water?

Consumer Reports has consistently advised that glass or BPA-free plastics such as polyethylene are the safest choices. To be on the safe side, do not use any container with markings on the recycle symbol showing 7 PC (which is the code for BPA). You could also consider using stainless steel or aluminum containers that have BPA-free liners.

How much water is used in the shower?

A 10-minute shower can take 25 to 50 gallons of water. High-flow shower heads allow a flow of 6 to 10 gallons a minute. Low-flow shower heads can cut the rate in half without reducing pressure.

Water Main Flushing

Distribution mains (pipes) convey water to homes, businesses, and hydrants in your neighborhood. The water entering distribution mains is of very high quality; however, water quality can deteriorate in areas of the distribution mains over time. Water main flushing is the process of cleaning the interior of water distribution mains by sending a rapid flow of water through the mains.

Flushing maintains water quality in several ways. For example, flushing removes sediments like iron and manganese. Although iron and manganese do not pose health concerns, they can affect the taste, clarity, and color of the water. Additionally, sediments can shield microorganisms from the disinfecting power of chlorine, contributing to the growth of microorganisms within distribution mains. Flushing helps remove stale water and ensures the presence of fresh water with sufficient dissolved oxygen and disinfectant levels, and an acceptable taste and smell.

During flushing operations in your neighborhood, some short-term deterioration of water quality, though uncommon, is possible. You should avoid tap water for household uses at that time. If you do use the tap, allow your cold water to run for a few minutes at full velocity before use and avoid using hot water, to prevent sediment accumulation in your hot water tank.

The City Of West Fargo flushes hydrants twice a year, in the spring and in the fall. We urge you to limit your water usage when we are in your area, especially in the washing of clothes, as the water may become discolored during the flushing process. We notify the media (TV, radio, and newspaper) of our flushing dates and times. This information is also on our Web site at <http://www.westfargond.gov>.